

ARC Volleyball Try-Outs 2021

Welcome to ARC Volleyball! These certainly are unique times, but we will endure! To be eligible to play there are a few things that you will need to do. First, you will need to have all required GHS forms on file with Coach Bradberry. See below for details. Secondly, you must be in good academic standing. Finally, you need to either have some volleyball experience or demonstrate your willingness to work hard and learn quickly – **be coachable**.

Open Gym Monday May 10 5:30-7:00 ARC Gym
for athletes and parents to ask questions, for anyone to work on skills prior to tryouts.

Tryouts: May 11-13 (T-W-T) 5:30-7:30 ARC Gym
Tryouts are closed to parents, observers, friends, etc. Parent questions are welcomed before or after each session.

To tryout for volleyball, the following documents are MANDATORY on May 11. *Returning players and current ARC athletes have the documents on file.*

See the Volleyball link connected to my ARC Teacher page for these documents.

1. A current, valid physical.

- Your physical covers you for all sports for the entire school year.
- If you can't get a doctor's appointment, Urgent MD on Wheeler Road and the MED NOW on Washington Road do physicals for around \$25.

2. The following forms – current and signed: parent permission form, athlete roster form, concussion form, emergency contact form, and COVID-19 Acknowledgment form.

3. A copy of your current health insurance card.

Read and understand:

- No documents, no try-outs, no team. This is the rule, everywhere.
- Academic eligibility. Not passing, not playing.
- Proper shoes and clothing. Kneepads are required.

General Information:

- You are expected to try-out for the team even if you were on the team last year.
- You are not guaranteed a position on the varsity or JV even if you played last year.
- You will be evaluated first on your volleyball skills (pass, set, hit, serve, block, movement).

- Other considerations will include your attitude, your effort, your “coachability”, and your potential to contribute to what will be an excellent team.
- Plans are to have a JV team again this year.
- Despite my intention to keep anyone who shows potential, cuts may have to be made so that our team can maximize its potential.
- The exact number of team members (V/JV) has not yet been determined.

If you make the 2021 Volleyball Team, know the following before you commit:

- Volleyball season begins in May/June and ends in mid to late October.
- Your commitment to the team begins this summer – practices, conditioning, and scrimmages plus a tournament at Grovetown in late July. A summer schedule will be given out after tryouts conclude.
- Regular season practice is held every day after school Monday-Thursday, some Fridays, and some Saturdays.
- There are 2 or 3 games every week, and we are often not finished until 8:30 or 9:00 if it is an away game.

Making the ARC Volleyball team can be very competitive!

- If you are going to be a senior, you will not make the team unless I know you have a chance to be part of the varsity rotation.
- If you’re going to be a junior, you could be placed on the varsity or junior varsity depending on the positional needs of the varsity team. You may also be what I call a “flex” player – play JV, dress with varsity.
- Sophomores and incoming freshman will have a chance to make both teams. I will not hesitate to start a freshman on varsity if she’s earned the position!

During tryouts, you will be given every opportunity to demonstrate not only your volleyball skills but also your volleyball potential and athletic ability. Listen, work hard, try hard, ask questions, and stay positive with yourself, the other girls, and the coaches.

I will ask each of you for a 4-digit number that I will associate with your name. I will post these numbers on the ARC Volleyball web page on the evening of May 13. These will be the people who have made either the varsity or junior varsity teams. You will need to make yourself available after school on FRIDAY May 14 to go over the summer schedule and expectations.

It is absolutely a privilege to play volleyball for ARC. Your position is pending your eligibility, and your expected commitment to the team will be significant.

Thank you, and please reach out if you have questions.

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